

# A.S.B.A.S.J.S. MEMORIAL COLLEGE BELA

# SEMINAR ON MORAL VALUES



"Respect for ourselves guides our morals; respect for others guides our manners."

RESOURCE PERSON : Dr. Satwant Kaur Shahi HOD Deaprment of Science, A.S.B.A.S.J.S. Memorial College, Bela

### WHAT AND WHEN

16 MARCH, 2018 Seminar Hall ORGANISING COMMITTEE Prof. Ishu Bala Prof. Amandeep Kaur Prof. Mandeep Kaur Prof. Ramandeep Kaur Moral values are basically the principles that guide our life in the righteous path and do not allow us to do any harm to others.





## **TOP SEVEN MORAL VALUES**

Unconditional Love and Kindness... Honesty... Hard Work. ... Respect for Others. ... Co-operation. ... Compassion. ... Forgiveness.



#### ONE DAY WORKSHOP ON LEADERSHIP TRAINING

The purpose of leadership skill workshop is to strengthen student's current management skills with a powerful, more distinguished dimension. In other words, leadership skills has been designed to enhance and build on their current leadership abilities.

#### ORGANISING COMMITTEE

A.P. GURLAL SINGH A.P. ISHU BALA A.P. PREETKAMAL KAUR

#### PROGRAMME COORDINATOR

#### A.P. TARANJEET KAUR

DATE AND VENUE 23 AUGUST 2017 AT 10:30 AM AT SEMINAR HALL





## A.S.B.A.S.J.S.M. COLLEGE, BELA

WORKSHOP ON LEADERSHIP TRAINING



## OBJECTIVES OF LEADERSHIP PROGRAMME

1. To develop leadership and communication skills. 2. To collaborate more effectively in teams. 3. To set goals and proper time management. 4. To equip students with tangible skills to explore options beyond the classroom.

"Leadership is the aggregate strength derived from the use of deep reservoirs of personal awareness, skill and professional best practices. These best practices and methodologies are then uniquely applied to a set of challenges that call out individual authenticity and set new precedents in professional capacity and personal effectiveness to support the common good. " Sharon McCollick, Strong Point Strategy







## BENEFITS OF LEADEDSHIP PROGRAMME

1. Help to build self confidence and wisdom. 2. This programme will empower students to succeed. 3. It will teach them valuable skills. 4. Leadership seminar will help students to clarify their vision.

## TIME MANAGEMENT

Time management is a soft skill acquired by practicing it in our day to day life to achieve the desired goals. It is process of planning the time required to complete a task or a activity. Time management helps a pupil to reduce the daily STRESS of life by completing all the activities related to his life in tume



RESOURCE PERSON A.P GURLAL SINGH HOD DEPARTMENT OF MANAGEMENT

ORGANIZING COMMITTEE

AP GAGANDEEP KAUR A.P TARANJEET KAUR A.P MANDEEP KAUR

**PROGRAMME COORDINATOR** 

AP ISHU BALA

Date and venue 12 September 2018 At 11 Am In Seminar Hall



A.S.B.A.S.J.S.MEMORIAL COLLEGE,BELA

WORKSHOP ON TIME MANAGEMENT



Time management is the process of planning and controlling how much time to spend on specific activities. Good time management enables an individual to complete more in a shorter period of time, lowers stress, and leads to career success.

# TIPS FOR ME MANAGEMENT

- 1. Set goals correctly.
- 2. Prioritize wisely
- 3. Set the time.
- 4. take break between tasks.
- 5. organize yourself.
- 6. Remove unimportant task.
- 7. plan ahead.



Time management is considered to be one of the primary "soft skills" valued in the workplace, and effective time management skills are key to a successful work life.



# Benefits of time management

- 1. Increase your productivity.
- 2. Explore more opportunities.
- 3. Make better decisions.
- 4. Prioritize important things.
- 5. Say goodbye to stress.
- 6. Boost your free time.
- 7. Drive the road to success!

